Determining Tempo using "Tap Tempo"

Use this method when trying to figure out the tempo of a song you have imported into Pro Tools. These instructions assume you have a song (audio .wav file) already in your session.

1. Turn off the **Conductor** (the conductor controls the tempo feature of your session. By turning it off, you are disabling this control).



2. Highlight the waveform of which you want to find the tempo (use grabber).



3. Highlight the tempo in the **MIDI Controls** window (above the conductor).



4. Press the Space Bar to begin playback. As you listen to the track, tap on the "T" key on your keyboard – THIS MUST BE DONE ON BEAT.



- 5. After tapping for 4+ times, you will see your highlighted tempo change to what you have been tapping. This should be a pretty accurate estimate of the songs tempo.
- 6. <u>Turn the conductor back on</u> and make a "formal" tempo change to the estimated tempo. You're good to go.